

# 10 Practical Steps in Following Jesus

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## Introduction

### Guidance for those undertaking the course

The best way to study this course is with the help of an appointed person from a local church. It is suggested that you first go through each study on your own and then with the appointed person so that they can help you to understand what you have read and answer your questions. They will be there to help you and be a friend to you at the beginning of your Christian life. It is also possible to do this study course as part of a small group or on your own.

As you do the course expect God to speak to you and tell you more about Himself. Pray (or talk) with God before you begin each study. Ask His help to understand what you are reading and look for things you need to apply to your life. Do not hurry through the studies. If you are doing them with another person then work out times that are mutually convenient to meet and set your pace together. A group will set its own times. If you are doing the studies alone then do not attempt more than one study per day (the exception to this is studies 1 and 2 which may be done together).

The Bible references are written in short-hand, for example with

*1 John 2:3*

1	John	2:	3
Number of the book, if applicable		Chapter	Verse
	Book Name	Number	Number

If more than one verse is referred to, read from the first verse mentioned through to the last one, e.g. – 1-3 means read verses 1, 2 and 3. Most Bibles have a contents page at or near the front to which you can refer in order to obtain the page number for the book mentioned. The Bible verses quoted are from the New International Version of the Bible unless otherwise stated.

**Note:** If there is a word in the book that you do not understand, check the Glossary at the back of this book.